

Annex 01; Injury severity classification

Grade III - Minor injuries

Grade I concussion (the athlete is briefly stunned and confused, regaining full faculty within a few minutes)

Contusion of solar plexus

Epistaxis without a fracture

All other injuries not listed above, and generally not requiring removal from the match or further medical care

Grade II - Moderate injuries

Grade II concussions (involving retrograde and/or antegrade memory loss)

Clavicular, nasal, digital, metacarpal and metatarsal fractures, but not involving a joint surface or requiring open reduction or internal fixation

Dental injury with tooth loss or requiring restorative procedures

Corneal abrasions acutely affecting vision

Laceration requiring stitches

Joint dislocation that self-reduces at the ring

Contusion, sprain or hematoma preventing use of the limb on the day of competition

Grade I – Severe injuries

Grade III concussions (involving loss of consciousness)

Fractures excluding clavicular, nasal, digital, metacarpal and metatarsal fractures; but including any fracture involving a joint surface or requiring open reduction or internal fixation

Third degree sprains, or any joint injury likely requiring surgery or expected to result in permanent disabling sequelae

Dislocated joint requiring manipulative reduction

Damage to viscera (pneumothorax, acute abdomen)

Major facial laceration with cosmetic or functional sequelae

Facial bone fracture excluding nasal fractures

Eye injury likely to cause residual visual loss (globe laceration, hyphema, retinal detachment)
or injuries causing damage to lid function or lacrimal apparatus

Any injury requiring hospitalization or surgery, or expected to result in significant functional or
cosmetic sequelae