## **Supplemental Table 2.** Quality assessment of qualitative studies [25].

Author	Clear statement of, and rationale for, research question	Study thoroughly contextualized by existing literature	Method/design apparent, and consistent with research intent	Data collection strategy apparent and appropriate	Sample and sampling method appropriate	Analytic approach appropriate	Context described and taken account of in interpretation
Dix et al. [32]	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Frank et al. [39]	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Haroy et al. [30]	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Mawson et al. [33]	Yes	Yes	Yes	Yes	Yes	Yes	Yes
McGlashan et al.[27]	Yes	Yes	Yes	Items included in semi- structured interview were not described.	Yes	Yes	Yes
Richmond et al. [34]	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Saunders et al. [28]	Yes	Yes	Yes	Yes	Yes	Yes	Yes