

Appendix 1

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**2023 UCI CYCLING WORLD CHAMPIONSHIPS, GLASGOW SCOTLAND
DAILY MEDICAL REPORT ON RIDER INJURIES**

Form completed by: Country/Team: Date report completed:

Rider country:	Discipline:	Venue:	Gender:	Competition or training:	Date of injury:
Onset:	Mechanism:	Cycle mechanism:	Injured body region:	Side of body:	Injury type:
Concussion symptoms:	New, recurrent, exacerbation:	First aid:	Time loss (days):	Cyclist level:	Years competing:

Rider country:	Discipline:	Venue:	Gender:	Competition or training:	Date of injury:
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Onset:	Mechanism:	Cycle mechanism:	Injured body region:	Side of body:	Injury type:
Concussion symptoms:	New, recurrent, exacerbation:	First aid:	Time loss (days):	Cyclist level:	Years competing:

No new injuries today to report in our team

Please report any new rider injuries occurring during training or competition

Definitions and codes

Injury is tissue damage or other derangement of normal physical function due to participation in sports, resulting from rapid or repetitive transfer of kinetic energy

Competition or training

1 Competition
4 Unknown (e.g. gradual onset)

2 Training

3 Peri-competition activities
(e.g. warm-up, cool-down)

Onset

1 Sudden after acute trauma

2 Sudden but no acute trauma

3 Gradual

4 Mixed

Mechanism

1 No identifiable single event
(repetitive transfer of energy, overuse)

2 Direct contact with another athlete

3 Direct contact with an object
(e.g. ball, wall, ground, i.e. slipped and fell)

4 Indirect contact with another athlete
(e.g. fall after a push)

5 Acute non-contact trauma

6 Following contact with an object

Injured body region

1 Head

2 Neck/cervical spine

3 Chest (incl. chest organs)

4 Thoracic spine/upper back

5 Lumbar spine/buttock

6 Abdomen

7 Shoulder

8 Upper arm

9 Elbow

10 Forearm

11 Wrist

12 Hand

13 Hip/groin

14 Thigh

15 Knee

16 Lower leg/Achilles tendon

17 Ankle

18 Foot

Side of body

1 left

2 right

3 bilateral

4 anterior

5 posterior

6 not applicable

Injury type

1 Concussion/brain injury*

2 Spinal cord injury

3 Peripheral nerve injury

4 Bone fracture

5 Bone stress injury

6 Bone contusion

7 Avascular necrosis

8 Physis injury

9 Cartilage injury

10 Joint sprain/ligament tear

11 Chronic instability

12 Tendon rupture

13 Tendinopathy

14 Muscle strain/tear

15 Muscle contusion

16 Muscle compartment syndrome

17 Laceration

18 Abrasion

19 Contusion/bruise (superficial)

20 Arthritis

21 Bursitis

22 Synovitis

23 Vascular damage

24 Stump injury

25 Dental injury

26 Internal organ trauma

27 Unknown, or not specified

*Concussion symptoms

1 Loss of consciousness

2 Seizure or convulsion

3 Vomiting

4 Confusion

5 Agitation

6 Disorientation

7 Amnesia

8 Nausea

9 Headache/neck pain

10 Vertigo

11 Balance problems

12 Visual problems

13 Drowsiness

14 Weakness

15 Tingling in arms/legs

New, recurrent or exacerbation

1 Newly incurred during the championships

2 Recurrent after full recovery and return-to-sport

3 Exacerbation of a stable (not recovered) condition

4 Unknown, or not specified

First aid given

1 lifting

2 half seated

3 on back

4 raised legs

5 lateral safety position

6 immobilisation

7 spinal board

8 vacuum mattress

9 cervical collar

10 helmet removal

11 manual resuscitator

12 mucus aspiration

13 external cardiac massage

14 oxygenation

15 arm sling

16 splint

17 bandage

18 icing

19 cooling

20 disinfection

Time loss

Please provide an estimate of the number of days that the athlete will not be able to undertake their normal training or will not be able to compete as usual, counting the day after the onset of the injury as day 1

Cyclist level

1 Professional 2 Amateur