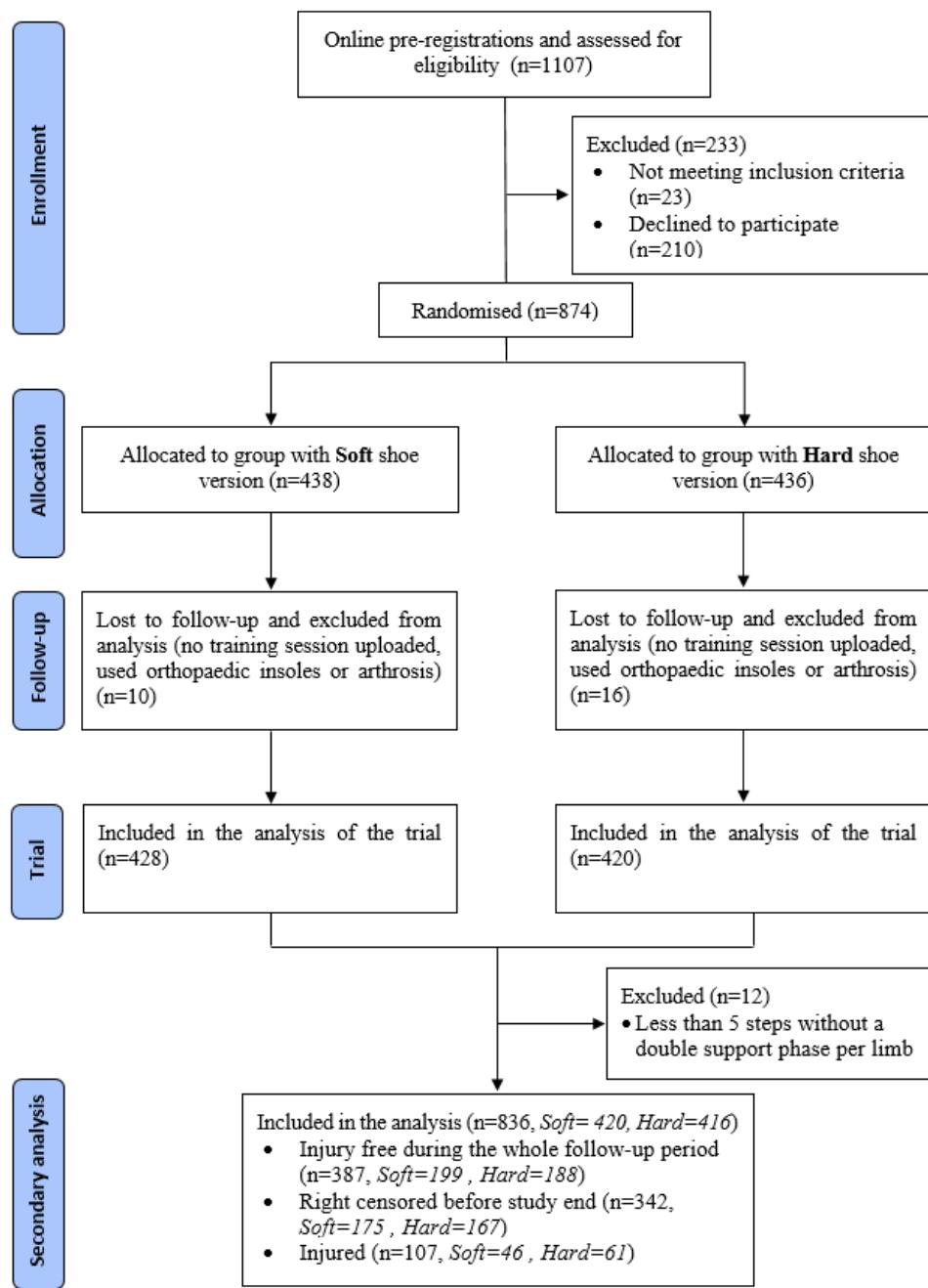


1 SUPPLEMENTAL MATERIAL**2 Supplemental Material S1: Flow chart**

3

4
5

1 Supplemental Material S2: Correlation matrix between asymmetries in the spatiotemporal and kinetic variables (n=836).

| | Step length | Contact time | Flight time | Duty factor | Vertical displ. of CoM | Vertical Stiffness | Peak vertical force | Peak breaking force | Peak propulsive force | VIP | Time to VIP | Vertical instant. loading rate | Vertical average loading rate |
|--------------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|----------------------|--------------------------|-----------------------|--------------------------|--------------------------|--------------------------------|-------------------------------|
| Step length | 1.00 | | | | | | | | | | | | |
| Contact time | 0.32 <0.001 | 1.00 | | | | | | | | | | | |
| Flight time | 0.31 <0.001 | 0.97 <0.001 | 1.00 | | | | | | | | | | |
| Duty factor | 0.31 <0.001 | 0.99 <0.001 | 0.97 <0.001 | 1.00 | | | | | | | | | |
| Vertical displ. of CoM | 0.27 <0.001 | 0.02 0.645 | 0.03 0.373 | 0.2 0.665 | 1.00 | | | | | | | | |
| Vertical Stiffness | 0.11 0.001 | 0.13 <0.001 | 0.12 <0.001 | 0.13 <0.001 | 0.52 <0.001 | 1.00 | | | | | | | |
| Peak vertical force | 0.04 0.288 | 0.32 <0.001 | 0.30 <0.001 | 0.32 <0.001 | 0.35 <0.001 | 0.14 <0.001 | 1.00 | | | | | | |
| Peak breaking force | 0.02 0.479 | 0.01 0.748 | -0.01 0.872 | 0.01 0.729 | 0.11 <0.001 | 0.13 <0.001 | 0.03 0.467 | 1.00 | | | | | |
| Peak propulsive force | 0.05 0.167 | 0.08 0.024 | 0.09 0.014 | 0.08 0.024 | 0.13 <0.001 | 0.15 <0.001 | 0.10 0.004 | 0.10 0.006 | 1.00 | | | | |
| VIP | 0.10 0.005 | 0.06 0.068 | 0.06 0.073 | 0.06 0.074 | 0.01 0.803 | 0.06 0.107 | -0.01 0.979 | 0.15 <0.001 | 0.06 0.080 | 1.00 | | | |
| Time to VIP | 0.17 <0.001 | 0.17 <0.001 | 0.16 <0.001 | 0.17 <0.001 | 0.01 0.777 | 0.03 0.410 | 0.09 0.009 | 0.11 0.001 | 0.11 0.002 | 0.23 <0.001 | 1.00 | | |
| Vertical instant. loading rate | 0.06 0.069 | 0.06 0.090 | 0.07 0.034 | 0.06 0.092 | 0.08 0.016 | 0.09 0.010 | 0.14 0.686 | 0.10 <0.001 | 0.10 0.003 | 0.69 <0.001 | 0.22 <0.001 | 1.00 | |
| Vertical average loading rate | 0.14 <0.001 | 0.02 0.548 | 0.02 0.513 | 0.02 0.566 | 0.01 0.815 | 0.03 0.341 | -0.02 0.488 | 0.10 0.005 | 0.04 0.267 | 0.63 <0.001 | 0.57 <0.001 | 0.49 <0.001 | 1.00 |

2 P-values are presented in *Italic*; P-values <0.05 are presented in Bold; CoM: Center of Mass; VIP: Vertical Impact Peak

3

4

1 Supplemental Material S3: Characteristics of self-reported running-related injuries (n=107).

| All participants | | |
|------------------------|-----|------|
| | N | % |
| <i>Injury location</i> | | |
| Buttock / Pelvis | 6 | 5.6 |
| Hip/groin | 3 | 2.8 |
| Thigh | 8 | 7.5 |
| Knee | 26 | 24.3 |
| Lower leg | 23 | 21.5 |
| Ankle | 22 | 20.6 |
| Foot | 19 | 17.7 |
| <i>Injury type</i> | | |
| Tendon | 63 | 58.9 |
| Muscle | 21 | 19.6 |
| Capsules and ligaments | 5 | 4.7 |
| Bone structures | 4 | 3.7 |
| Other overuse injuries | 14 | 13.1 |
| <i>Injury severity</i> | | |
| Moderate (8-28 days) | 68 | 63.6 |
| Major (>28 days) | 39 | 36.4 |
| <i>Context</i> | | |
| Training | 102 | 95.3 |
| Competition | 5 | 4.7 |

- 2 Only running-related overuse injuries to the lower limb are included (running-related injuries not
3 associated to one of the limbs, such as lower back injuries, are considered as competing injuries).
4

1 **Supplemental Material S4: Correlation between personal characteristics and asymmetry in**
 2 **spatiotemporal and kinetic variables (n=836).**

| | Leg length SI | Sex | Age | Height | Body mass | Fat mass | Prev. inj | Run. exp. | Run. reg. | Shoe version | Run. speed |
|--------------------------------|------------------|--------------|--------------|--------------|--------------|------------------|--------------|--------------|--------------|------------------|--------------|
| Step length | -0.06 | -0.05 | -0.04 | -0.02 | -0.02 | -0.08 | 0.02 | -0.01 | 0.01 | -0.09 | 0.01 |
| | <i>0.090</i> | <i>0.168</i> | <i>0.292</i> | <i>0.585</i> | <i>0.540</i> | 0.027 | <i>0.514</i> | <i>0.852</i> | <i>0.827</i> | 0.010 | <i>0.930</i> |
| Contact time | 0.06 | -0.04 | -0.05 | 0.02 | -0.07 | -0.13 | 0.03 | -0.01 | 0.048 | -0.01 | 0.04 |
| | <i>0.106</i> | <i>0.211</i> | <i>0.141</i> | <i>0.570</i> | 0.044 | <0.001 | <i>0.415</i> | <i>0.843</i> | <i>0.170</i> | <i>0.845</i> | <i>0.204</i> |
| Flight time | 0.07 | 0.01 | -0.01 | 0.01 | -0.04 | -0.03 | 0.02 | -0.01 | 0.01 | -0.01 | -0.08 |
| | <i>0.056</i> | <i>0.803</i> | <i>0.804</i> | <i>0.912</i> | <i>0.216</i> | <i>0.333</i> | <i>0.592</i> | <i>0.859</i> | <i>0.729</i> | <i>0.750</i> | 0.029 |
| Duty factor | 0.06 | -0.04 | -0.05 | 0.02 | -0.07 | -0.13 | 0.03 | -0.01 | 0.05 | -0.01 | 0.04 |
| | <i>0.098</i> | <i>0.205</i> | <i>0.146</i> | <i>0.557</i> | 0.044 | <0.001 | <i>0.401</i> | <i>0.851</i> | <i>0.164</i> | <i>0.858</i> | <i>0.202</i> |
| Vertical displ. of CoM | 0.10 | -0.08 | 0.03 | -0.01 | 0.06 | -0.01 | 0.07 | 0.05 | -0.01 | -0.03 | -0.01 |
| | 0.005 | 0.026 | <i>0.329</i> | <i>0.922</i> | <i>0.076</i> | <i>0.689</i> | <i>0.059</i> | <i>0.139</i> | <i>0.703</i> | <i>0.457</i> | <i>0.991</i> |
| Vertical Stiffness | 0.03 | -0.06 | 0.02 | -0.01 | -0.01 | -0.08 | 0.06 | 0.06 | 0.09 | 0.01 | 0.07 |
| | <i>0.386</i> | <i>0.073</i> | <i>0.565</i> | <i>0.940</i> | <i>0.818</i> | 0.024 | <i>0.109</i> | <i>0.061</i> | 0.012 | <i>0.803</i> | 0.041 |
| Peak vertical force | 0.12 | -0.09 | 0.02 | -0.01 | 0.01 | -0.09 | 0.02 | 0.08 | 0.01 | -0.05 | 0.09 |
| | 0.001 | 0.008 | <i>0.506</i> | <i>0.888</i> | <i>0.979</i> | 0.008 | <i>0.621</i> | 0.002 | <i>0.944</i> | <i>0.139</i> | 0.012 |
| Peak breaking force | 0.12 | -0.05 | 0.03 | 0.03 | -0.01 | -0.08 | -0.01 | 0.02 | 0.02 | -0.05 | 0.06 |
| | <0.001 | <i>0.147</i> | <i>0.386</i> | <i>0.435</i> | <i>0.728</i> | 0.025 | <i>0.667</i> | <i>0.500</i> | <i>0.657</i> | <i>0.193</i> | <i>0.080</i> |
| Peak propulsive force | 0.05 | -0.01 | 0.05 | -0.04 | -0.05 | -0.03 | 0.04 | 0.06 | -0.03 | 0.05 | -0.02 |
| | <i>0.167</i> | <i>0.925</i> | <i>0.149</i> | <i>0.212</i> | <i>0.193</i> | <i>0.449</i> | <i>0.258</i> | <i>0.086</i> | <i>0.332</i> | <i>0.173</i> | <i>0.553</i> |
| VIP | 0.2 | 0.04 | -0.01 | -0.09 | -0.03 | 0.02 | -0.06 | -0.03 | -0.04 | 0.05 | -0.08 |
| | <i>0.477</i> | <i>0.213</i> | <i>0.944</i> | 0.007 | <i>0.346</i> | <i>0.549</i> | <i>0.084</i> | <i>0.382</i> | <i>0.284</i> | <i>0.154</i> | 0.016 |
| Time to VIP | 0.2 | 0.04 | -0.02 | -0.04 | -0.04 | 0.01 | 0.01 | 0.03 | -0.02 | -0.01 | 0.01 |
| | <i>0.598</i> | <i>0.306</i> | <i>0.593</i> | <i>0.253</i> | <i>0.198</i> | <i>0.970</i> | <i>0.718</i> | <i>0.432</i> | <i>0.532</i> | <i>0.722</i> | <i>0.978</i> |
| Vertical instant. loading rate | 0.7 | 0.05 | -0.03 | -0.08 | -0.04 | 0.02 | 0.01 | -0.01 | -0.04 | 0.12 | -0.07 |
| | <i>0.059</i> | <i>0.122</i> | <i>0.319</i> | 0.023 | <i>0.253</i> | <i>0.582</i> | <i>0.908</i> | <i>0.722</i> | <i>0.202</i> | <0.001 | 0.034 |
| Vertical average loading rate | -0.01 | 0.02 | 0.01 | -0.06 | 0.01 | 0.04 | 0.01 | 0.01 | -0.07 | 0.03 | -0.08 |
| | <i>0.702</i> | <i>0.635</i> | <i>0.808</i> | <i>0.067</i> | <i>0.718</i> | <i>0.290</i> | <i>0.857</i> | <i>0.817</i> | 0.036 | <i>0.445</i> | 0.020 |

3 P-values are presented in *Italic*; P-values <0.05 are presented in **Bold**; CoM: Center of Mass; VIP: Vertical

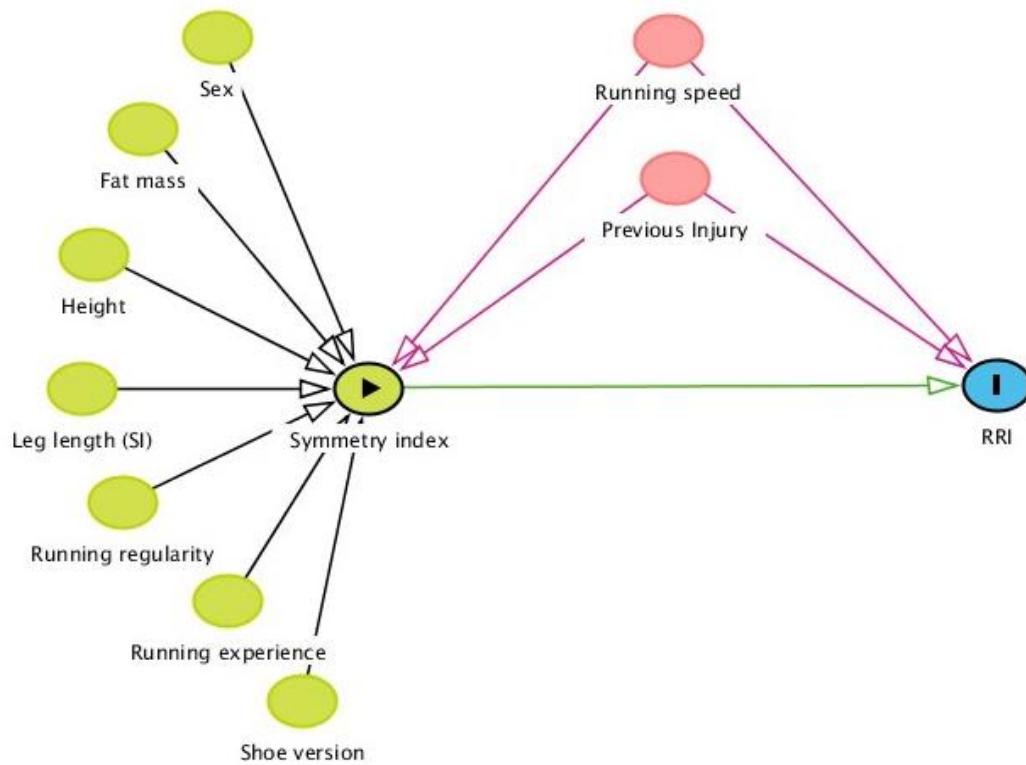
4 Impact Peak; Prev. Inj.: Previous injury; Run. exp.: Running experience; Run. reg.: Running regularity (last

5 12 months); SI: Symmetry Index.

6

7

1 **Supplemental Material S5:** Directed Acyclic Graph (DAG) representing the causal pathways between
2 symmetry indices and running-related injury (RRI). Created on <http://dagitty.net>. The outcome variable is
3 identified as a blue oval with black outline and the main exposure is identified as green ovals with black
4 outline. Variables on the causal pathways are identified as blue ovals, determinants of the exposure as
5 green ovals and potential confounders as red ovals.



6

7