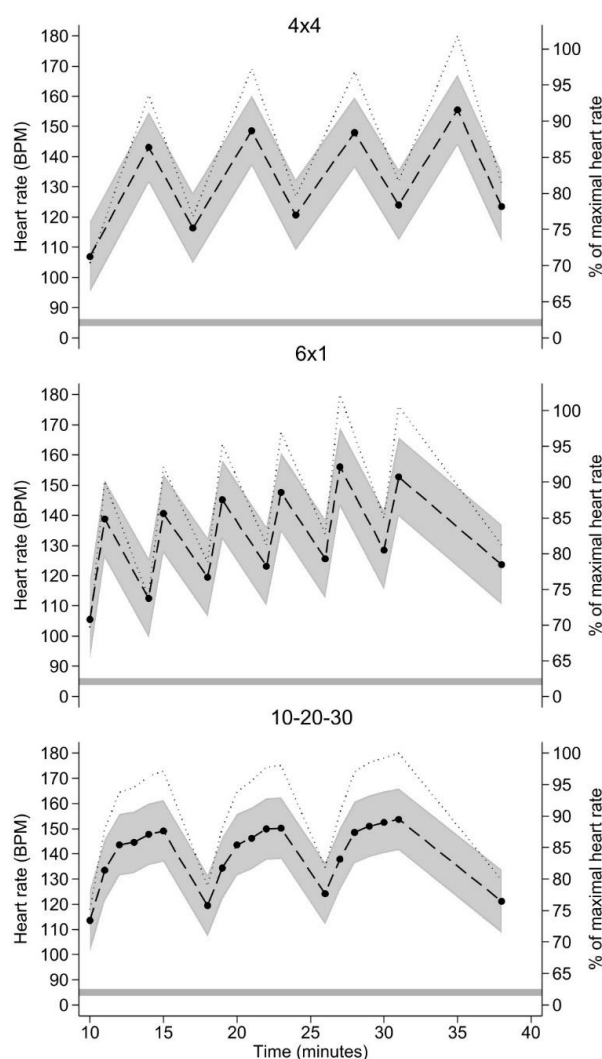
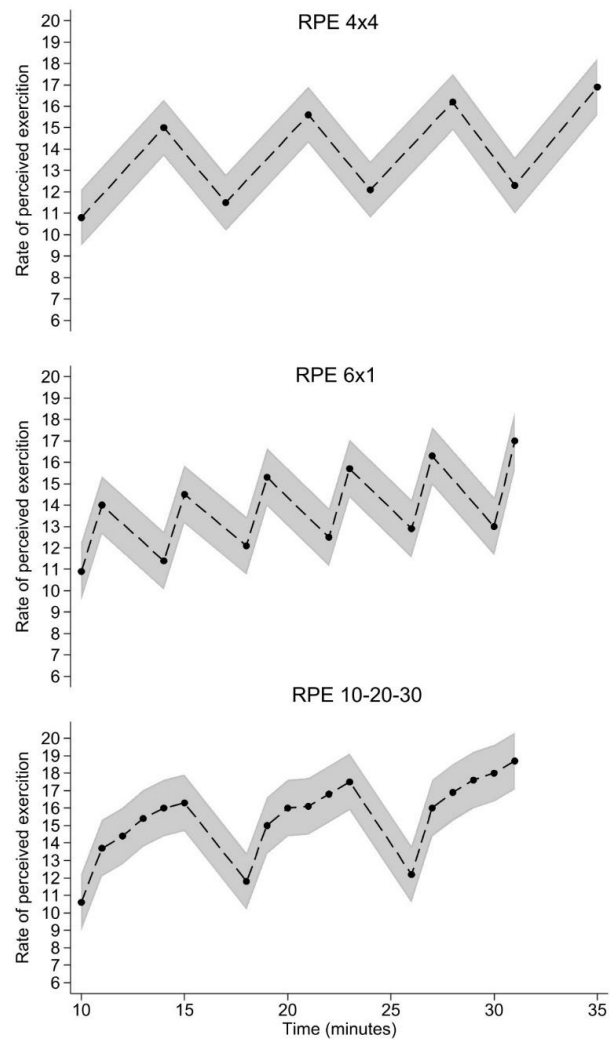


**Fidelity, tolerability, and safety of high intensity training after hospitalisation for COVID-19****Online Supplemental Figures**

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**Online Supplemental Figure 1.** Graphic overview of the heart rate response to each protocol. Each dot is the HR (least squares means) at the end of each interval/rest period. The dashed line is absolute heart rate with the shadow being 95% CI and the dotted line is % of  $HR_{max}$ .



**Online Supplemental Figure 2.** Graphic overview of the rate of perceived exertion (RPE=) of each protocol. Each dot (least squares means) is the RPE at the end of each interval/rest period.