

Exploring activity levels in physical education lessons in the UK: A cross-sectional examination of activity types and fitness levels

### SUPPLEMENTARY FILE 8: Pupil average time (%) for school/lesson variables - tables

**Tables:** (**Pupil-level**) pupil average time (%) in PE lessons split by PA domain, for school/lesson variables

% of 1hr Lesson (SD)	School Type		Tertile		
	Co-Ed (n=8059)	Single Sex (n=1424)	High (n=2769)	Medium (n=2150)	Low (n=4564)
<b>PA Domains</b>					
SPA	44.0 (13.3)	45.0 (13.0)	44.5 (14.3)	43.0 (12.2)	44.5 (13.1)
LPA	31.9 (7.77)	32.5 (7.13)	32.2 (7.82)	32.9 (7.23)	31.4 (7.76)
MPA	16.7 (6.46)	16.5 (6.54)	16.6 (6.72)	17.0 (6.07)	16.6 (6.49)
VPA	7.34 (4.55)	6.01 (3.72)	6.68 (4.56)	7.12 (4.09)	7.44 (4.54)
MVPA	24.1 (9.45)	22.5 (9.19)	23.3 (10.1)	24.1 (8.83)	24.1 (9.24)

% of 1hr Lesson (SD)	Lesson Type			
	Girls (n=1961)	Boys (n=2446)	Mixed (n=5076)	Overall (n=9483)
SPA	44.7 (12.7)	42.3 (13.2)	44.9 (13.4)	44.2 (13.3)
LPA	32.6 (7.09)	33.0 (7.71)	31.2 (7.81)	32.0 (7.68)
MPA	16.3 (6.36)	16.9 (6.32)	16.8 (6.57)	16.7 (6.47)
VPA	6.48 (3.97)	7.78 (4.50)	7.09 (4.58)	7.14 (4.46)
MVPA	22.7 (9.11)	24.7 (9.50)	23.9 (9.47)	23.8 (9.42)

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**Tables: (Lesson-level)** pupil average time (%) in PE lessons split by PA domain, for school/lesson variables

% of 1hr Lesson (SD)	School Type		Tertile		
	Co-Ed (n=206)	Single Sex (n=43)	High (n=82)	Medium (n=62)	Low (n=105)
<b>PA Domains</b>					
SPA	43.8 (8.96)	46.6 (8.46)	45.5 (10.3)	43.2 (8.34)	43.9 (8.02)
LPA	32.3 (4.56)	31.8 (3.74)	31.7 (4.65)	33.1 (4.20)	32.0 (4.34)
MPA	16.9 (4.25)	16.1 (4.41)	16.3 (4.47)	17.2 (4.11)	16.8 (4.22)
VPA	7.31 (3.05)	5.56 (2.11)	6.47 (2.94)	6.99 (2.87)	7.44 (3.05)
MVPA	24.2 (6.30)	21.6 (5.75)	22.7 (6.76)	24.2 (6.28)	24.2 (5.83)

% of 1hr Lesson (SD)	Lesson Type			
	Girls (n=60)	Boys (n=86)	Mixed (n=103)	Overall (n=249)
SPA	45.3 (8.61)	42.8 (9.31)	44.8 (8.70)	44.3 (8.93)
LPA	32.3 (3.63)	32.9 (4.78)	31.5 (4.47)	32.2 (4.43)
MPA	16.2 (4.37)	16.9 (4.47)	16.9 (4.07)	16.7 (4.28)
VPA	6.20 (2.61)	7.70 (3.19)	6.89 (2.91)	7.00 (2.98)
MVPA	22.4 (6.11)	24.6 (6.68)	23.8 (5.93)	23.7 (6.27)