

Appendix.

Table 1. Concomitant injuries in the ACL injured group, n(%)

Ligament	36 (15%)	Multiligament	3 (1%)
MCL	32 (13%)		
LCL	5 (2%)		
PCL	1 (0.5%)		
Meniscus	79 (32%)	Both medial and lateral	15 (6%)
Medial meniscus	39 (16%)		
Lateral meniscus	55 (22%)		
Cartilage	16 (6%)		

In total 247 MRIs were available for systematically review.

Table 2. Self reported knee function and return to preinjury physical activity rates for different knee injury diagnoses.

	Baseline		3 months		6 months	
		n		n		n
IKDC m (SD)						
ACL	43 (15)	230	54 (17)	200	63 (19)	151
Ligament	59 (19)	21	71 (20)	20	76 (19)	16
Meniscus	50 (19)	6	43 (17)	6	77 (7)	6
Cartilage	68 (1)	2	64 (24)	4	61 (36)	2
Patella	41 (11)	16	66 (15)	19	65 (17)	12
Other	50 (16)	25	67 (19)	20	80 (17)	13
SANE m (SD)						
ACL	39 (20)	270	62 (20)	222	66 (21)	210
Ligament	45 (17)	27	76 (20)	19	79 (26)	16
Meniscus	45 (23)	8	62 (13)	6	69 (34)	5
Cartilage	68 (18)	5	70 (42)	2	65 (49)	2
Patella	37 (19)	22	67 (28)	18	69 (21)	12
Other	53 (20)	34	79 (15)	19	82 (14)	12
Return to pre-injury physical activity, yes/no (%)						
ACL			10/90	201	17/83	168
Ligament			45/55	20	35/65	17
Meniscus			0/100	6	33/67	6
Cartilage			50/50	4	50/50	2
Patella			32/68	19	31/69	13
Other			33/67	21	62/38	13