

Supplementary Table 1: Bootstrapped correlations by gender for the APSQ, K-10 and WEMWBS

	APSQ Self-regulation	APSQ Performance	APSQ External Coping	APSQ Total	K-10 Total	WEMWBS
APSQ Self-regulation	-	.503***	.527***	.820***	.714***	-.463***
APSQ Performance	.637***	-	.562***	.882***	.497***	-.346***
APSQ External Coping	.582***	.495***	-	.757***	.353*	-.226*
APSQ Total	.892***	.893***	.718***	-	.655***	-.437***
K-10 Total	.769***	.641***	.563***	.786***	-	-.574***
WEMWBS	-.496***	-.440***	-.362***	-.520***	-.480***	-

Note. Bootstrapped with 10,000 resamples; Female coefficients bolded above the diagonal, *= $p < .05$, **= $p < .01$, ***= $p < .001$