Appendix 5. Forest plots of subgroup analyses

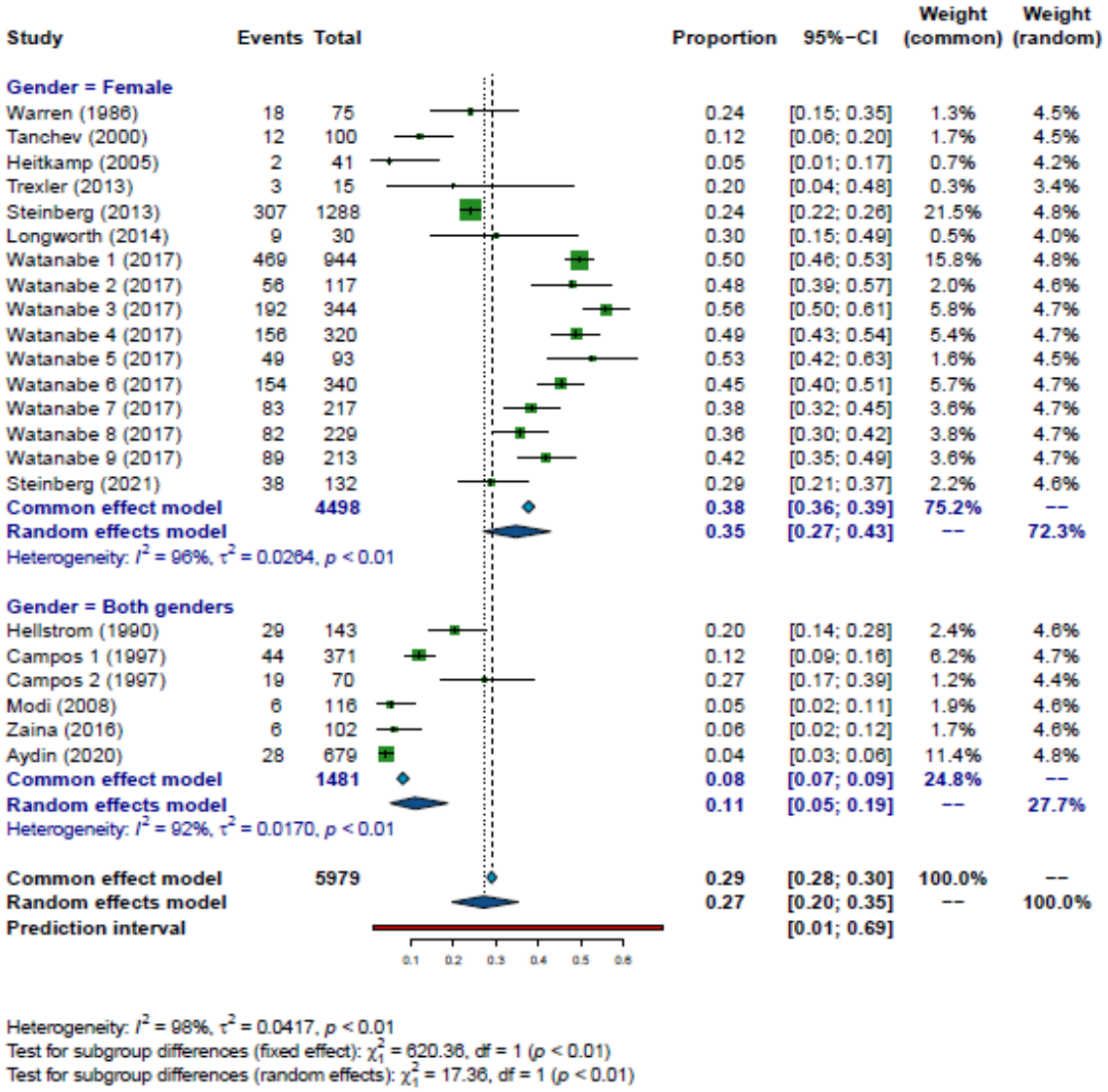

Figure 1. Subgroup analysis for gender

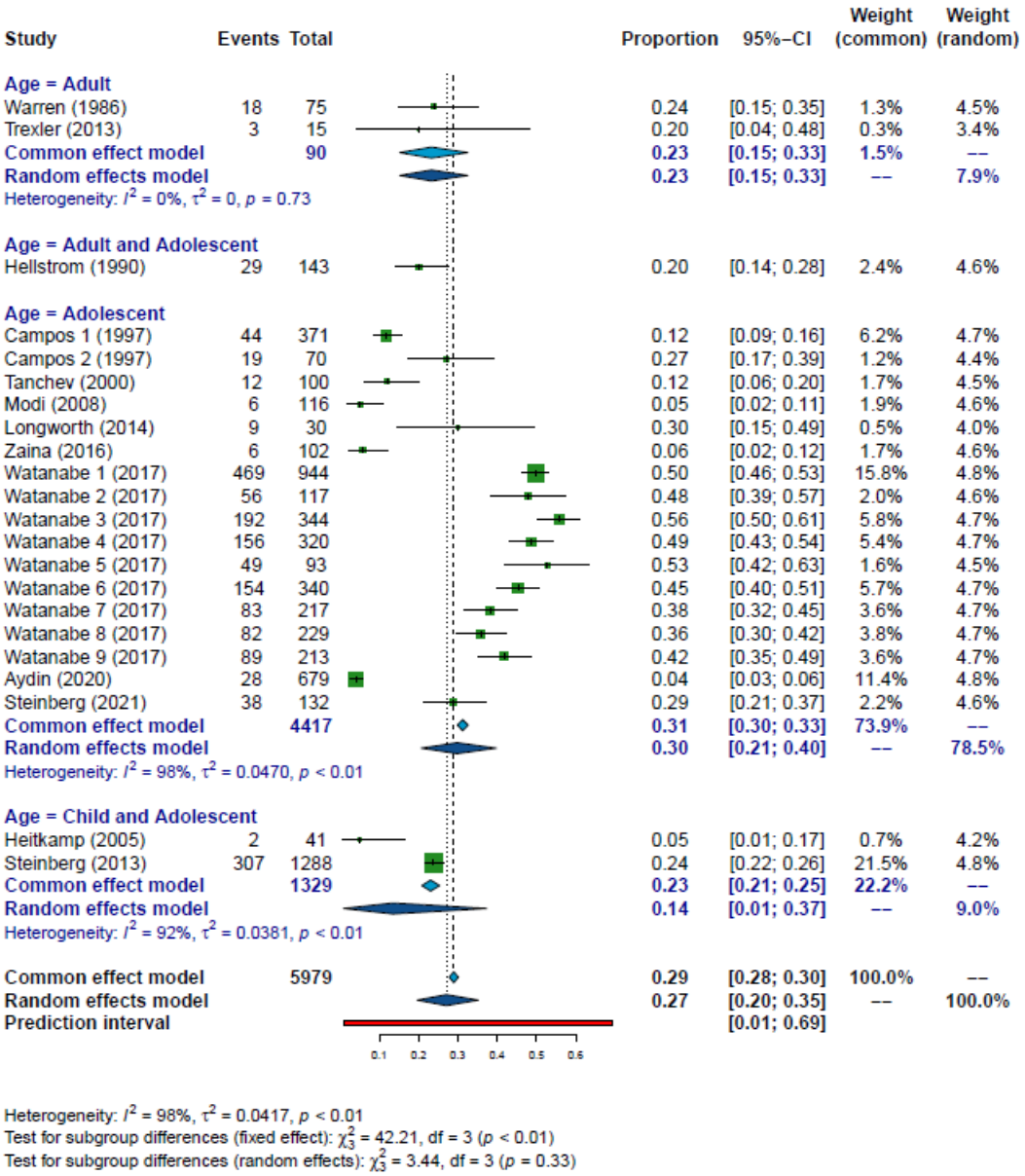

Figure 2. Subgroup analysis for age

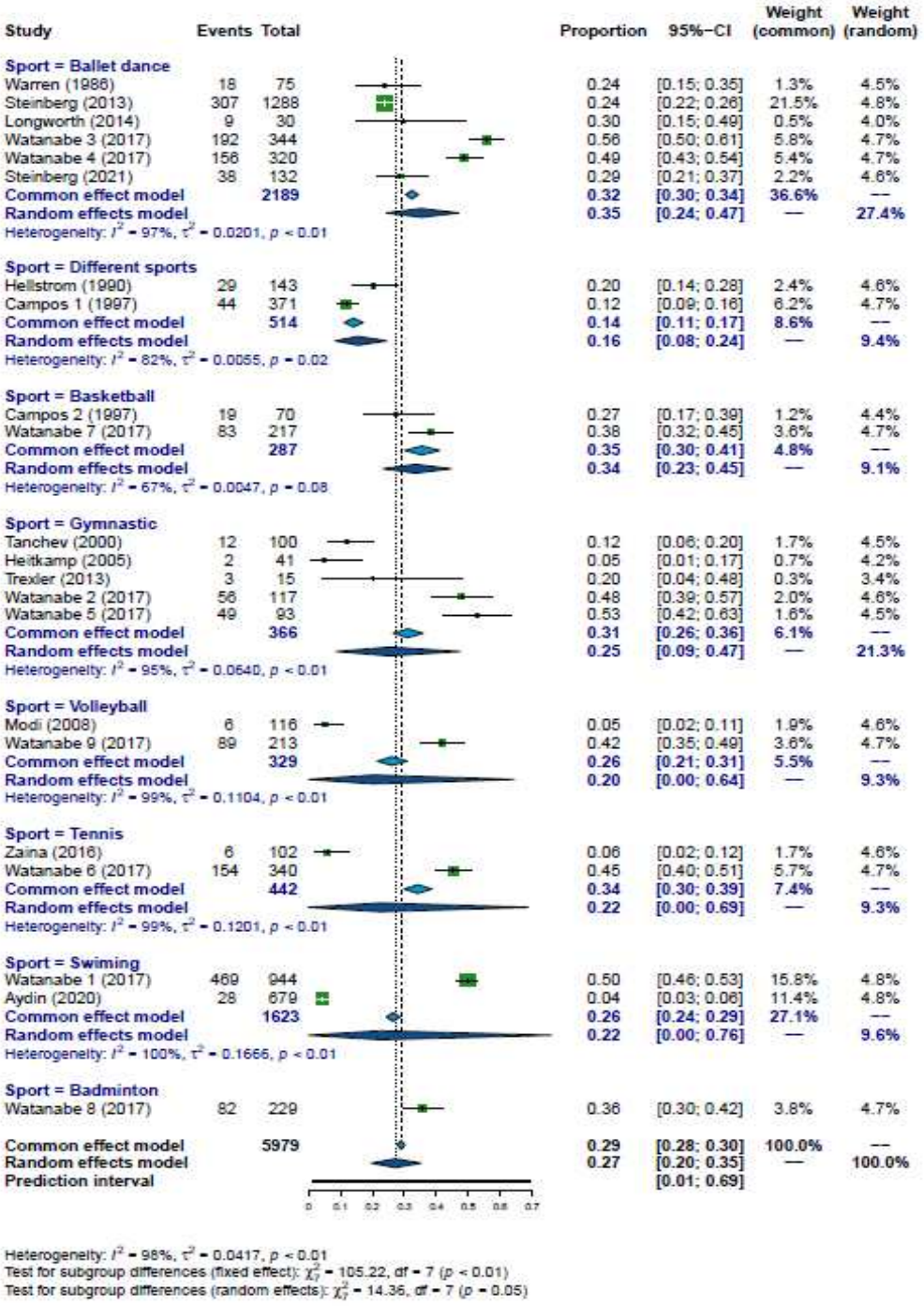

Figure 3. Subgroup analysis for sports feilds

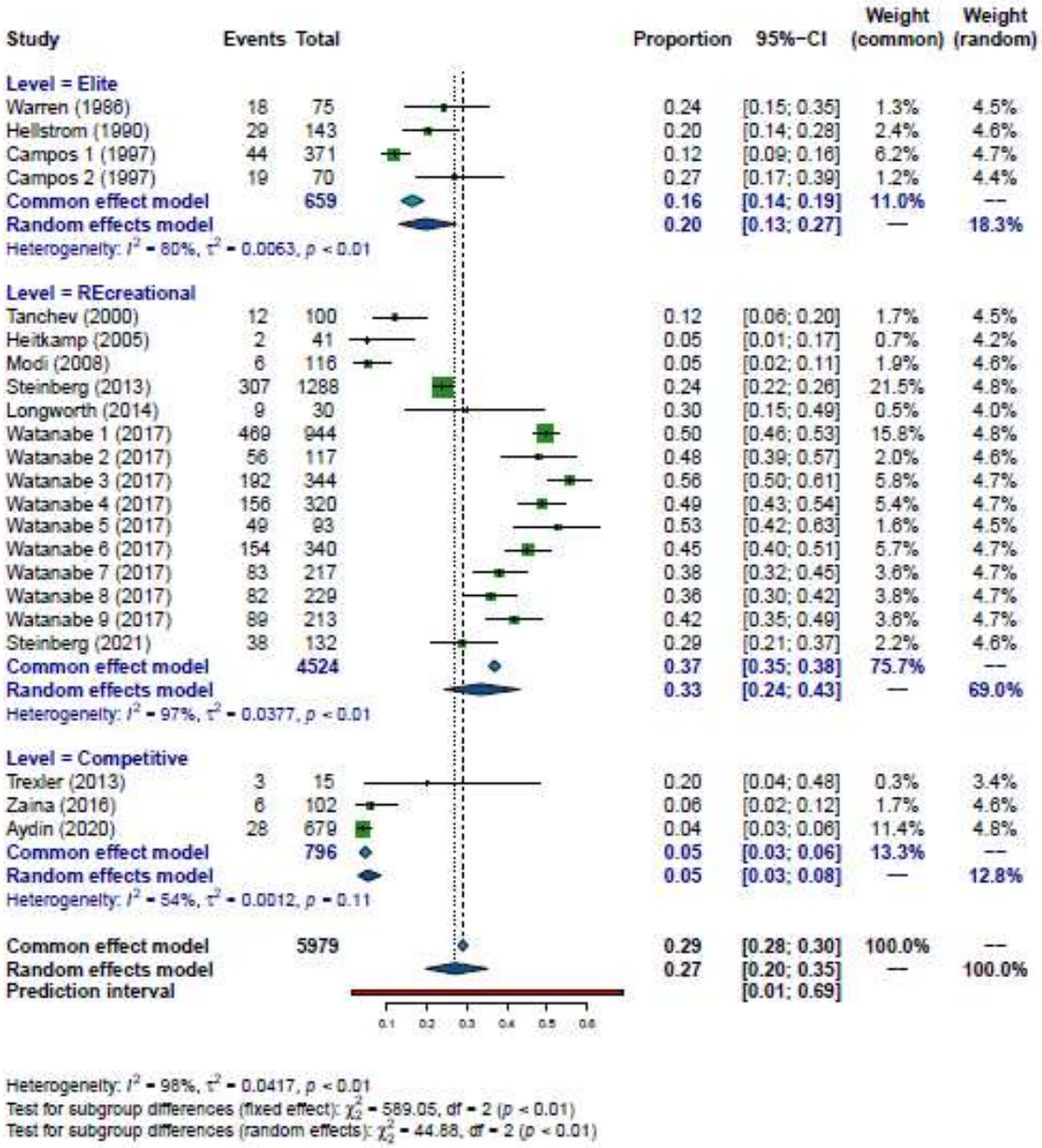

Figure 4. Subgroup analysis for levels of sports activities