

Supplementary file 4. Costs in dollars (\$). Calculated using the average exchange rate of 2018 (1.18)

Article title: Impact of chronic Achilles tendinopathy on health-related quality of life, work performance, healthcare utilization, and costs

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Health care provider	Patients using resource, no. (%)	Mean resource consumption (% of all healthcare visits)	Mean (SD) medical costs	Median (IQR) medical costs
Primary care (visits)				
General Practitioner	31 (39)	0.50 (4.6)	\$20 (55)	\$0 (0-20)
Physical therapist	67 (84)	9.7 (88.2)	\$378 (706)	\$208 (39-419)
Podiatrist	18 (23)	0.15 (1.4)	\$27 (60)	\$0 (0-0)
Other†	6 (8)	0.27 (2.4)	\$24 (111)	\$0 (0-0)
Secondary Care (visits)				
Sports medicine physician/orthopedic surgeon	22 (28)	0.37 (3.4)	\$42 (84)	\$0 (0-50)
Total		10.8 (100)*	\$490 (745)	\$304 (155-566)

Table 1. Annual health care utilization and medical costs per patient, per type of healthcare provider (n=80)

Abbreviations: IQR: interquartile range, SD: standard deviation

* Total median (IQR) annual healthcare visits was 9 (3-11).

† Another healthcare provider (e.g. osteopath, chiropractor or alternative medicine).

Differences between healthcare visits/costs and total visits/costs are due to rounding off

Health care resource	Patients using	Mean resource	Mean (SD)	Median (IQR)
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	resource, no. (%)	consumption (% of all healthcare visits)	medical costs	medical costs
Treatments (units)				
Physiotherapy*	67 (84)	3.6 (33)	\$142 (428)	\$0 (0-184)
Shockwave	35 (44)	2.6 (24)	\$101 (262)	\$0 (0-117)
Acupuncture/dry needling	16 (20)	1.7 (16)	\$65 (315)	\$0 (0-0)
Laser therapy/EPTE	7 (9)	0.33 (3)	\$13 (55)	\$0 (0-0)
Injection therapy†	8 (10)	0.06 (0.6)	\$2 (11)	\$0 (0-0)

Table 2. Annual health care utilization and medical costs per patient, per type of treatment (n=80)

Abbreviations: IQR: interquartile range, SD: standard deviation. EPTE: therapeutic percutaneous electrolysis

* 'Regular physiotherapy treatment' (e.g. exercise therapy, massage therapy and taping) performed by a physiotherapist.

† Prolotherapy, platelet-rich plasma or corticosteroids