**Supplementary Table 2. Risk of bias table: review authors' judgements about each risk of bias item presented for each included study**

|  |  |  |  |
| --- | --- | --- | --- |
| **Bias** | **Houck31** | **Jeong32** | **Kulig33** |
| Random sequence generation (selection bias) | Low  | Unclear  | Unclear  |
| Allocation concealment (selection bias) | High  | Unclear  | Unclear  |
| Blinding of participants and personnel (performance bias) | High  | Unclear  | Unclear  |
| Blinding of outcome assessment (detection bias) | Unclear  | Unclear  | Low  |
| Incomplete outcome data (attrition bias) | Low  | High  | Low  |
| Selective reporting (reporting bias) | High  | Unclear  | High  |