**Supplementary Table 2. Risk of bias table: review authors' judgements about each risk of bias item presented for each included study**

|  |  |  |  |
| --- | --- | --- | --- |
| **Bias** | **Houck31** | **Jeong32** | **Kulig33** |
| Random sequence generation (selection bias) | Low | Unclear | Unclear |
| Allocation concealment (selection bias) | High | Unclear | Unclear |
| Blinding of participants and personnel (performance bias) | High | Unclear | Unclear |
| Blinding of outcome assessment (detection bias) | Unclear | Unclear | Low |
| Incomplete outcome data (attrition bias) | Low | High | Low |
| Selective reporting (reporting bias) | High | Unclear | High |