

**Table 2. Reported barriers to participation in school- and outside-school sports clubs, by domain and sub-domain of the social-ecological model of physical activity\***

Main domain of Social-Ecological Model of Physical Activity	Sub-domain	9y school sports clubs		9y outside-school sports clubs		12y school sports clubs		12y outside-school sports clubs	
		n	(%)	n	(%)	n	(%)	n	(%)
<b>Physical environment</b>	Distance	3	1.5	5	2.8	5	1.8	-	-
	Expense	5	2.5	12	6.8	-	-	8	3.6
	Need permission/forgot forms	13	6.4	19	10.8	-	-	1	0.5
	Club stopped/seasonal/weather	23	11.4	8	4.5	4	1.5	-	-
	No club/no equipment	29	14.4	15	8.5	3	1.1	8	3.6
	Facilities closed or unavailable	-	-	6	3.4	-	-	-	-
	Not sure how to join or where to go	-	-	12	6.8	-	-	-	-
	Don't know of any clubs	2	1.0	-	-	-	-	5	2.3
	Progression – not enough/too much	2	1.0	1	0.6	-	-	1	0.5
	Don't want to miss lunch	-	-	-	-	1	0.4	-	-
	Parent not available/no transport <sup>a</sup>	6	3.0	13	7.4	-	-	-	-
	Transport <sup>a</sup>	-	-	-	-	4	1.5	14	6.3

	Parent not available for getting home <sup>a</sup>	-	-	-	-	8	2.9	3	1.4
	Don't know when on or forget	-	-	-	-	6	2.2	-	-
	Moving school	1	0.5	-	-	-	-	-	-
	<b>TOTAL</b>	<b>84</b>		<b>91</b>		<b>31</b>		<b>40</b>	
<b>Intrapersonal</b>	Dislike getting hot (+red/sweaty at 12y)	1	0.5	1	0.6	2	0.7	1	0.5
	Not available to both sexes	1	0.5	-	-	4	1.5	1	0.5
	Boring	-	-	3	1.7	-	-	-	-
	Quit	-	-	3	1.7	-	-	3	1.4
	Don't want to/not bothered	4	2.0	5	2.8	30	11.0	18	8.1
	Dislike sport	7	3.5	1	0.6	13	4.8	12	5.4
	Pain or injury/scared of getting hurt/too tired (+lazy at 12y)	10	5.0	5	2.8	18	6.6	15	6.8
	No good at sport or too hard (+ 'not sporty' at 12y)	12	5.9	11	6.3	15	5.5	5	2.3
	Age or stature	31	15.3	6	3.4	-	-	-	-
	None that appeal (+ boring at 12y)	1	0.5	-	-	53	19.5	24	10.8

	Dislike teacher	1	0.5	-	-	-	-	1	0.5
	Dislike strangers	-	-	-	-	2	0.7	-	-
	Shy/embarrassed/lack confidence	-	-	-	-	8	2.9	7	3.2
	Prefer to go home	-	-	-	-	5	1.8	-	-
	Prefer internet	-	-	-	-	1	0.4	1	0.5
	Can't swim	1	0.5	-	-	-	-	-	-
	Homework	-	-	-	-	7	2.6	6	2.7
	<b>TOTAL</b>	<b>69</b>		<b>35</b>		<b>158</b>		<b>94</b>	
<b>Social environment</b>	Other people	1	0.5	3	1.7	-	-	-	-
	No places left or not picked for team	2	1.0	3	1.7	3	1.1	-	-
	Does other clubs or activities	6	3.0	11	6.3	31	11.4	17	7.7
	No time or clashes with other things	39	19.3	29	16.5	22	8.1	28	12.7
	Misbehaved	-	-	2	1.1	-	-	-	-
	Older people are there	-	-	-	-	2	0.7	-	-
	Bullied or don't fit in	-	-	-	-	3	1.1	4	1.8
	Friends don't go	-	-	-	-	8	2.9	10	4.5

Play with friends or family	-	-	-	-	10	3.7	20	9.0
Family commitments	1	0.5	1	0.6	3	1.1	7	3.2
Lasts a long time/unsocial hours	-	-	1	0.6	-	-	1	0.5
Clubs are on at the same time	-	-	-	-	-	-	-	-
Insufficient opportunity	-	-	-	-	1	0.4	1	0.5
<b>TOTAL</b>	<b>49</b>		<b>50</b>		<b>83</b>		<b>88</b>	
<b>TOTAL ANSWERS GIVEN</b>	<b>202</b>		<b>176</b>		<b>272</b>		<b>222</b>	
<b>Total number of subdomains identified</b>	<b>24</b>		<b>24</b>		<b>29</b>		<b>28</b>	
<b>'No identifiable barrier to participation'</b>	<b>248</b>		<b>260</b>		<b>183</b>		<b>224</b>	

\* Numbers of responses given, and number of responses as % of total responses for each age and location of sports club (% may not add up to 100 due to rounding)

<sup>a</sup> When coding responses, these appeared to be given as distinct answers at 12y, but combined at 9y